

A decorative border with intricate floral and scrollwork patterns in a light purple color, framing the central text.

# *The 5 Reiki Principles*

*Just for today, I will give thanks for my many blessings.*

*Just for today, I will not worry.*

*Just for today, I will not be angry.*

*Just for today, I will do my work honestly.*

*Just for today, I will be kind to my neighbor, and to every living thing.*